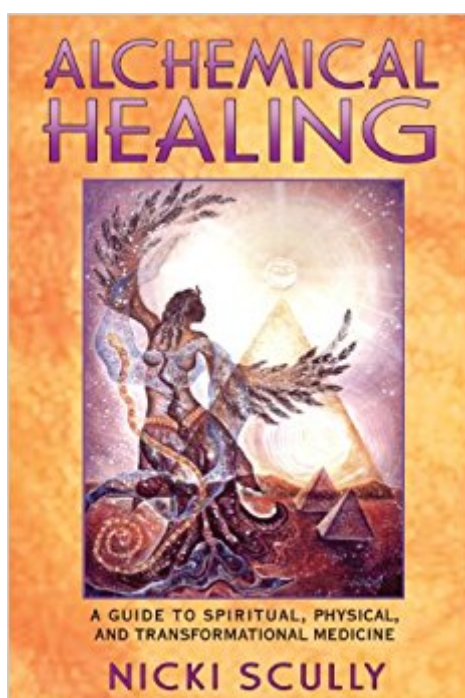


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# Alchemical Healing: A Guide To Spiritual, Physical, And Transformational Medicine



## Synopsis

Combines shamanism, alchemy, and energy medicine to create a unique healing modality  
Explores how to turn the base substance of who you are--the dark mystery of your subconscious--into the alchemical gold of knowledge and enlightenment  
Includes techniques of distant healing and working with power animals and plant, mineral, and elemental spirits  
Shows how to utilize the Universal Life Force to reawaken inherent healing abilities  
Alchemical Healing brings together innovative techniques of shamanism and energetic healing with the principles of alchemy, creating a practical form of physical healing, therapeutic counseling, and spiritual growth. The author provides ways to integrate spirit and matter, to develop communications between divinity and humanity, to retrieve knowledge, and to influence physical reality in order to achieve healing and transformation. With simple directions, readers are guided through attunements and empowerments that access the Universal Life Force energy and a five-element system for healing themselves and others. They learn powerful techniques, such as psychic surgery, distant healing, and how to work with power animals and plant, mineral, and elemental spirit guides. Alchemical Healing presents a sacred journey into the most profound principles and mysteries of creation. It offers both an art form and a spiritual path that develops one's ability to co-create the future with the wisdom of the spirit world.

## Book Information

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## Customer Reviews

Alchemical Healing is a living bridge to ancient wisdom, a golden gift to all who would begin the

Great Work of personal and global transformation. Using the terminology and operations of alchemy, Nicki Scully presents a bona fide and universal system of initiation and healing. • (Dennis William Hauck, alchemist and author of *The Emerald Tablet: Alchemy for Personal Transformatio*) • Nicki Scully's *Alchemical Healing* is a welcome addition to Chopra's *Quantum Healing* and deals specifically and forcibly with new insights based on ancient wisdom on just what you need to do to let the healing process occur. • (Fred Alan Wolf, Ph.D., author of *Matter into Feeling: A New Alchemy of Science and Spirit*) • High praise for Nicki and this excellent book! Nicki, herself a healed-healer, brings to this offering her experience, wisdom, and personal passion for creatively addressing all forms of dis-ease, along with a fierce dedication to supporting others in the process of awakening and developing their healing hearts and hands. This is a powerful and timely book that supports resolution of the challenging issues of our time through our own offering of healing to All Our Relations. • (Brooke Medicine Eagle, author of *Buffalo Woman Comes Singing* and *The Last Ghost Dance*) • Nicki Scully may well be one of the great alchemical practitioners of our time. A medical intuitive, teacher, and healer, in *Alchemical Healing* she shares her own fascinating healing journey, then in step-by-step journeys, initiations, and exercises, provides readers with the tools necessary for using this ancient system of healing. A truly remarkable book that enables the reader to not only understand but to practice alchemical healing. • (Rosemary Gladstar, herbalist, author of *Herbal Healing for Woman* and founder of *United Plant Savers*) "Nicki Scully creates an elixir that inspires us to use the powers of the heart and of spiritual healing for our lives and the health of others. I loved it!" (Sandra Ingerman, author of *Soul Retrieval and Medicine for the Earth*) Nicki Scully is not just 'talking about' alchemical healing, she has lived it. . . . and generously empowers us to awaken to our own inherent healing abilities." (Justine Toms, cofounder of *New Dimensions Radio* and coauthor of *True Work: Doing What You Love and Live*) "A wise and wonderful book to be savored, sure to bring great benefits to those who practice and apply these methods." (Ralph Metzner, Ph.D., author of *The Unfolding Self*) "Stories of rock and roll and shamanism weave through this comprehensive and clear guidebook to healing yourself and others." (*Whole Life Times*, February 2004, Vol. 26 No. 2) • Richly detailed with experiential methodology and esoteric wisdom, Nicki Scully's *Alchemical Healing* illuminates the path of the modern medicine woman in these times of tremendous change. A great read! • (Hank Wesselman, Ph.D., anthropologist and author of *The Journey to the Sacred Garden and the Spirit*) • In *Alchemical Healing*, Nicki Scully creates an elixir that inspires us to use the power of the heart and the power of spiritual healing for our lives and the health of others. I loved it! • (Sandra Ingerman, author of *Soul Retrieval and Medicine for the Earth*) • Nicki Scully is not just a 'talking about' alchemical

healing, she has lived it. She is a master translator of a myriad of healing systems and generously empowers us to awaken to our own inherent healing abilities. • (Justine Toms, cofounder of New Dimensions Radio and coauthor of True Work: Doing What You Love and L)"Alchemical Healing presents a sacred journey into the most profound principles and mysteries of creation." (Leading Edge Review, Fall 2003)"Her book is a valuable resource for anyone looking to heal both self and planet." (Paul Andrews, Whole Life Times, October 2003, Vol. 25 No. 10)"I highly recommend this book. . . . Nicki Scully's teachings can awaken the divine force in you." (Susan Dobra, Magical Blend's Natural Beauty & Health, February 2004, Issue 91) • Artist, philosopher, traveler, alchemist, and healer, Nicki Scully has healed herself and brought the light of healing to everyone around her. Alchemical Healing is rich and whole-hearted, practical and inspiring. I could not put it down. • (Alberto Villoldo, Ph.D., author of Shaman, Healer, Sage) • A lifetime of wisdom breathes inside these pages. If you could read a book that would change and charge and heal your life, wouldn't you? Nicki Scully has the Rx. She's got the mojo. This is the book. • (Normandi Ellis, author of Awakening Osiris: The Egyptian Book of the Dead) • Here is a masterful work that provides clear instructions as to once and future ways of healing self, other, and planet. Here is alchemy at its best and most comprehensive. The reader is charged with delight in new possibilities growing out of ancient knowings. Scully gives us a book that is to be savored as well as used. • (Jean Houston, Ph.D., author of Jump Time and A Mythic Life) • Nicki Scully is one of most innovative healers on the planet. In Alchemical Healing, she shares what she has learned about physical and spiritual transformation. The information and concepts are supplemented with exercises, meditations, and visualizations that serve to put them to immediate use. The anecdotes are helpful, and bring a touch of humanity and humor into this fascinating brew. • (Stanley Krippner, Ph.D., co-author Extraordinary Dreams and How to Use Them)

SELF TRANSFORMATION / HEALING • Richly detailed with experiential methodology and esoteric wisdom, Nicki Scully's Alchemical Healing illuminates the path of the modern medicine woman in these times of tremendous change. A great read! • --Hank Wesselman, Ph.D., anthropologist and author of The Journey to the Sacred Garden and the Spiritwalker trilogy • In Alchemical Healing, Nicki Scully creates an elixir that inspires us to use the power of the heart and the power of spiritual healing for our lives and the health of others. I loved it! • --Sandra Ingerman, author of Soul Retrieval and Medicine for the Earth • Nicki Scully is not just talking about alchemical healing, she has lived it. She is a master translator of a myriad of healing systems and generously empowers us to awaken to our own inherent healing abilities. • --Justine Toms,

cofounder of New Dimensions Radio and coauthor of *True Work: Doing What You Love and Loving What You Do* *Alchemical Healing* brings together innovative techniques from shamanism and energetic healing with the principles of alchemy, creating a practical form of physical healing, therapeutic counseling, and spiritual growth. With simple directions, readers are guided through a series of initiatory steps toward mastery of a powerful healing form that allows them to access the Universal Life Force energy; develop a working relationship with spirit allies from the animal, plant, and mineral realms; and utilize the healing power of the five elements. Starting with journeys of initiation and commitment for the beginner, *Alchemical Healing* also offers advanced students instruction in powerful techniques such as psychic surgery, distant healing, and elemental balancing of the body. Those who follow the *Alchemical Healing* path accomplish a spiritual transformation of the self, turning the dark mystery of the subconscious into the alchemical gold of knowledge and enlightenment. NICKI SCULLY has been a healer and teacher of metaphysics, shamanism, and the Egyptian Mysteries since 1982. She gives lectures and seminars worldwide and guides spiritual tours to Egypt, Peru, and other sacred sites. The author of *Power Animal Meditations* and numerous audiocassettes, she lives in Eugene, Oregon, where she maintains a healing center.

I have read a lot of books on magic and spirituality..... This book is very fun and easy to read - I breezed through it in about a week. One thing I liked about the book is that it introduces you to a lot of different topics, and that it doesn't over-promise too much or make magic seem like a fix-it-all pill. Nikki's personal story also adds some fun playfulness to the book, and keeps it from getting too preachy or dry like some books on healing. For me, the information wasn't very new.... All things I have heard before explained in similar ways. I think because the book covers so many topics, you only get a little taste of each one. Here is just a little info about the elements, then a little info about Egyptian gods and Alchemy, then a little info about Huna..... The author obviously has a very eclectic practice. I found the focus to be more of a core-shamanism type approach than anything that had to do with alchemy - actually, I think alchemy could have been left out of the title, since there is no actual alchemy in the book (nothing like spagyrics or other basic alchemy practices). This book is better than many of the beginner books I have read, but I would consider it a beginner book. If you are interested in New Age type healing, and want to get a quick overview on a bunch of fun random subjects, then this is probably a good book for you. Another reviewer mentioned "Healing With Form, Energy and Light: The Five Elements in Tibetan Shamanism, Tantra, and Dzogchen" and if you like working with the elements, I would second this recommendation. The book goes very deep into healing with the elements, but is a little more advanced than this one (could be hard for

some people to get into) Another book I think readers of this book might enjoy is "Medicine for the Soul" by Ross Heaven. If you like the core-shamanism type journeys from Nikki's book, then you will like Ross's book, which teaches you how to get the most from your journey work. If you are looking for authentic Egyptian magic, I would recommend the Emerald Tablet, Corpus Hermetica, The Egyptian Book of the Dead, and The Greek Magical Papyri (all based on real Egyptian magic, a little different than what Nikki teaches in this book). If you want to learn about real alchemical practices like making herbal medicines and spagyrics, I recommend Richard Bartlett's "Real Alchemy".

Alchemical Healing is a powerful guide that can be utilized for both personal growth work, and for use in a healing practice. Complete with detailed healing methods, examples, meditations and journeys, this guide can be life transforming for the person who not only reads the information, but commits to practicing and applying it. As a healer/practitioner myself for many years, and trained in many modalities, I found Alchemical Healing to be one of the most profound methods I've worked with, and I highly recommend it. At the time of my reading, the author, Nicki Scully, also offered a tele-course to personally guide us through the teachings and applying them - I highly recommend the tele-class too.

This very thoughtful heart offering by Nicki Scully is well worth reading for anyone interested in starting hands on healing as well as those experienced healers. She teaches very wise boundaries along with well grounded techniques. The instructions are clear and effective. The anecdotes are very helpful. She is a responsible teacher and guide to the Egyptian pantheon. I recommend purchasing a printed copy as it is easier to reference when performing initiations and meditations. I will be rereading this soon

Love, love, love this book. It is amazing to read and do all the exercises in the book. It is full of wonderful and informative information. It will take you to a new height of healing abilities that you may not have thought existed. I know I didn't know about it before this wonderful book. If you are a healer or want to be, read the book and be amazed by what you can achieve with Alchemical Healing. Nicki Scully did a wonderful job on this book and it is well worth the read. I will be using and reusing and referring to this book forever for the wonderful information and exercises and healing it holds within its pages. Thank you Nicki for a very special and wonderful book. I love the healing exercises and techniques.

This is an excellent book! Ms. Scully is very knowledgeable and her writing is very clear and easy to read and understand. I was impressed by her spiritual experiences and what she has gained from them. If you want to move a few steps higher in your spiritual growth you should buy this book.

Alchemichal Healing is a very well written book. The author is articulate in her expression and her guidance is powerfully simple to follow. A fantastic guide book for those who want to bring more awareness of the energies of alchemy into their spiritual practice and into personal integration.

Still reading it. Needs four times over. Giod side table book.

Working through this book and it's awesome.

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